



### **Introduction:**

This activity will challenge you to interrogate how stereotypes affect first impressions and the value that we place on others. In this activity, you will place one card from a deck of playing cards on your forehead. You will then interact with each other based on the values on your cards. You will then reflect on how you were treated and how you treated others based on those values. Additionally, you will relate these experiences to issues of diversity, inclusion, and cultural norms.

### **Participant Instructions:**

1. Your instructor will pass out one card from a deck to you. Do NOT look at the card you are given.
2. You will then place your card on your forehead, facing out, ensuring you are not able to view your own card. Others will be able to view your card, but you will not.
3. When your instructor signals, interact with each other according to the value you see on others' cards. You will interact for about 15 minutes, until your instructor signals the end of the activity.
4. Finally, debrief the activity as a large group with the following questions:
  - How did this activity make you feel? What came up for you emotionally?
  - What were your observations throughout the activity? What reflections did this bring up for you?
  - How did you decide how to treat people? How were you treated?
  - What did you learn about how you perceive others and how you are perceived?
  - How did this activity reflect the real world and societal issues?
  - How did this activity inform how you conceptualize of cliques and groups?
  - What, if anything, does this activity inspire you to do or change in the future?